

# 6th Annual **JAPANESE** ACUPUNCTURE STUDY-ABROAD TOUR

In Kyoto, Japan  
**March 29 – April 4, 2021**



With Cherry Blossoms in bloom and golden rays warming the Land of the Rising Sun, there is no better time than spring to visit Japan and partake in a unique and exciting learning opportunity. The Japanese Acupuncture Study Tour is being held in the historic town of Kyoto from March 29<sup>th</sup> - April 4<sup>th</sup>, 2021.

A limited number of practitioners and students are being invited to join in an exceptional learning and cultural experience.

The study tour is a 7-day scheduled program, which includes:

- Arrival, Orientation Meeting and Welcome Dinner.
- 6 days of didactic and practical learning with Japan's premier acupuncturists.
- One day of guided sightseeing throughout the historic town of Kyoto.
- Closing Ceremony and Certificate of International Study.
- Daily Meditation practice to help to raise our vibration and enrich the senses!
- Trip qualifies for one elective class for students of Emperors College of Traditional Oriental Medicine.
- Meets 50 hours of mentorship requirements for some DAOM programs.

Please inquire about the potential for mentorship hours with DAOM program directors at accredited institutions.

- 41 CEU's / PDA's pending.
- Translation provided.



## About Japanese Acupuncture and the Program:

Japanese style acupuncture has long been revered for its gentle needling, precise approach and highly elective clinical results. Whether you are a seasoned practitioner or new to the field of acupuncture, this program will provide you the opportunity to fully immerse in this very refined system of acupuncture which is rapidly gaining popularity in the world as patients and clinicians alike awaken to the allure of this subtle yet very potent method of healing.

Situated in the renowned historic spiritual city of Kyoto steeped in temples and inordinate charm, this program is designed to greatly enrich and polish the senses while developing and refining the acupuncturist's skills and technique of reading the body and working with subtle energy. You will learn a broad spectrum of healing approaches and come away with skills you can readily apply in your practice and achieve lasting clinical results. The learning format consists of lecture, observation and practical experience with teacher feedback. Expect to learn a lot and greatly broaden your perspective while laying a solid foundation for your future as a clinician.

## Sight-Seeing:

Among the world's most popular destinations for travel and sight-seeing, Japan's historic capital of Kyoto lends itself to exploration of a most unique collision of ancient and modern worlds. Home to over 1600 classical Buddhist temples and thousands of traditional restaurants, Kyoto is famed for its world-class tourism in destination districts such as Gion, Philosopher's Path, and modern Downtown.

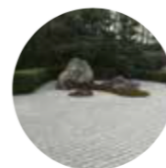


On day 4 of the program we will embark on a sight-seeing adventure to Ryosoku-In, an ancient Zen Buddhist Temple complex filled with beautiful gardens and treasures of Japanese Art. Here we will have an authentic Zazen (Zen Meditation) experience guided by the temple's head monk, as well as indulge in a vegan multi- course lunch. Afterward, we will venture to Kyoto's Arashiyama area and tour several temples, wind our way down a beautiful old-world street where we can shop at boutiques featuring local craftsmanship, and stroll through the famous bamboo forest.



## Accommodations:

Rooms are reserved at the designated hotel which is situated in the center of Kyoto City near from Gion, Kiyomizu Temple, Kyoto Station, and WiFi is available. Locates at the central area of Kyoto city, many market, convenience store, currency exchange and grocery store, and many delicious restaurants are just a quick walk away. The hotel is located approximately 10 minutes from Kyoto Station, less than 2 hours from Kansai International Airport (KIX).



## Meals:

The grand Welcome Dinner, a multi-course traditional Japanese dining experience, is included in the seminar fee. A breakfast average \$3 - \$10, lunch meals average \$5 - \$12, sightseeing day lunch meal averages \$30, and dinner meals average \$15 - \$30 per person depending on your choice.

## Travel:

Getting around Japan is very safe and relatively easy. Travelers are advised to bring a phrase book or download some translation Apps for your Smartphone, and to have cash on hand in case you need to take a taxi as they are not always equipped to accept credit cards.



## WHEN:

**Monday, March 29th – Sunday, April 4th, 2021.**

Plan to arrive early to make sure you are able to attend the Orientation Meeting at 9am on March 20th. It is best to arrive a day or more in advance

if possible to allow time for travel, settling in and adjusting to the time difference. Everyone will stay through the end of the seminar on Sunday, March 29th and plan their departure for anytime thereafter.



## GETTING THERE:

Kyoto is in the western region of Japan and about hour and a half away from Tokyo by bullet train. The closest International Airport is **Kansai International Airport (KIX)**.

Useful Link for Traveling to Kyoto:

[http://kyoto.travel/en/traveller\\_kit/accessinfo\\_airport](http://kyoto.travel/en/traveller_kit/accessinfo_airport)

### Flying into Osaka, Kansai International Airport (KIX) or Osaka International Airport (ITM):

Kansai International Airport (KIX) to Kyoto Station:

Train: JR Airport Express Haruka 75min.

[http://www.kansai-airport.or.jp/en/access/train/index.html#\\_05](http://www.kansai-airport.or.jp/en/access/train/index.html#_05)

- \* KIX has easier access to Kyoto by train with no transit and is recommended.

- \* Here is a link to help you plan your travel from the airport to Kyoto:

<http://www.kyoto-magonote.jp/en/transport/kix-kyoto/access/>

### Flying into Tokyo, there are two major international airports: Haneda International Airport (HND) and Narita International Airport (NRT):

- \* More flights come into and out of Narita Airport, but Haneda is the easier airport since it's in Tokyo.

### Getting to Kansai from Tokyo, by Air:

From both Narita Airport (NRT) and Haneda Airport (HND) to Kansai International Airport (KIX) it is generally about \$100 or less, round trip

### Getting to Kansai from Tokyo, by Train:

Haneda Airport (HND) to Shinagawa Station:

Train: Keikyu Train: <http://www.haneda-tokyo-access.com/en/>

Narita Airport (NRT) to Tokyo Station: Train: Narita Express:

<http://www.jreast.co.jp/e/nex/>

Tokyo or Shinagawa Station to Kyoto Station: 13,600yen

Train: Shinkansen (Bullet Train): <https://www.jreast.co.jp/e/charge/>

Kyoto Station to Hotel Eminence:

Taxi: 25 minutes, about 2000 - 3000 yen.

Taxis do not always take credit cards, so plan to have cash on hand.

- \* Consider purchasing a Japan Rail Pass if you plan to travel around Japan:

[http://www.jrpass.com/?gclid=CM2Pk\\_WTwrwCFUqSfgodcGwAhA](http://www.jrpass.com/?gclid=CM2Pk_WTwrwCFUqSfgodcGwAhA)

### Local Travel in Japan:

Most travel during the seminar will be on buses and trains as a group. Three days of the seminar take place in a conference room at Eminence Hotel – the only traveling required during those days is Day 1 – we will venture downtown by taxi to a restaurant for the Welcome Dinner. For the sightseeing day, we will take buses and trains. Occasionally, we may travel by taxi. Plan to budget around 1000 yen for travel expenses during the week.

### Travel Insurance:

All participants are required to purchase and show proof of travel insurance, which must include trip cancellation (VERY unlikely to happen – however for liability purposes we must require this coverage).





## **SEMINAR FEES AND DEADLINES FOR REGISTRATION:**

### **Early Bird Special:**

Practitioners \$1895

Students \$1795

Application and \$500 Deposit by October 31st, 2020

Deposit Refund Deadline: November 30th, 2020\*

Due Date for Remainder of Payment: December 15th, 2020

Refund Deadline: December 31st, 2020\*

### **Regular Registration:**

Practitioners \$1995

Students \$1895

Application and \$500 Deposit by November 30th, 2020

Deposit Refund Deadline: December 15th, 2020\*

Due Date for Remainder of Payment: December 30th, 2020

Refund Deadline: December 31st, 2020\*

\*Refunds will not be issued after the listed refund date.

**Wait List:** Space is limited. In the event that you are wait-listed, full payment will be due at the time an opening becomes available.

NOT included in pricing are airfare, hotel, transportation, meals, travel insurance and personal costs. These are additional expenses that are to be arranged by each individual traveler. (Many participants like to take the opportunity to tour around the beautiful country of Japan outside the dates of the program and this enables them the flexibility to do so at their leisure.)

The total approximated cost of the trip, projected depending on individual needs and expenses:

### **COSTS:**

- Seminar Fee: \$1795 - \$1995 (please see above)
- Airfare: approximately \$850 - \$1200 from LAX, other departure cities/countries vary.
- Accommodations: TBD  
10,000 yen – 12,000 yen per night, per person
- Travel Insurance: varies by individual, \$30 - \$100
- Sightseeing day travel, lunch and entrance fees - approx. 5000 yen
- Meals: averaging 2500 yen per person per day

**Total Average Cost: \$3500 - \$4000**

(not including personal expenses)

## **SAMPLE SEMINAR SCHEDULE** (subject to change)

7am-8:30 meditation & breakfast; 1-hour lunch - DAILY

**DAY 1** (Sun 3/29) Orientation; Nakane Hajime - Japanese Acupuncture; Welcome Dinner

**DAY 2** (Mon 3/30) Yoko Oasa - Facial Rejuvenation Acupuncture

**DAY 3** (Tue 3/31) Takeshi Ide - Shoni-Shin

**DAY 4** (Wed 4/1) Sightseeing Day

**DAY 5** (Thurs 4/2) Yoshikiyo Okawa – Da Shin, Hammer Needle Techniques

**DAY 6** (Fri 4/3) Shigehisa Adachi – Qi Kou Nine Ways Pulse Diagnosis

**DAY 7** (Sat 4/4) Masao Togasaki - Tsubo Phases; Ren/Du Therapy

## **Teacher Bios** (subject to change):



**Atsuki Maeda:** Dr. Atsuki Maeda is an acupuncturist in Japan and in California who specializes in and teaches Japanese Style Acupuncture and Celestial Acupuncture, and has been practicing for over 30 years. He is a practitioner and an educator at various acupuncture schools and CEU , and the founder and organizer of the Annual Japanese Acupuncture Study-Abroad Tour in Kyoto, Japan.



**Hajime Nakane:** Nakane sensei is a direct disciple of the master, Akizo Okada, specializing in Meridian Therapy style acupuncture. He is an author and lecturer, and has a private practice in Kyoto, Japan. He also serves as a board member for Traditional Japanese Medicine Association



**Yoko Ooasa:** Ooasa sensei is an Academic Dean at Shikoku Medical College. She is a teacher and lecturer who specializes in Japanese style Facial Rejuvenation (“Health and Beauty”) acupuncture.



**Masao Togasaki:** Togasaki-sensei is a pharmacist and master acupuncturist with over 40 years of clinical experience. He is Vice Chair of the Japan Traditional Acupuncture and Moxibustion Society and has served as faculty at Tokyo Shinkyu College of Oriental Medicine for 27 years. Togasaki-sensei has multiple publications on palpation, identification and diagnosis of “Tsubo (acupuncture point)” for effective treatment.



**Shigehisa Adachi:** Adachi sensei has a private practice in Osaka, clinician/researcher at Osaka University Hospital and teacher at Shindou Gokeikai study group. He specializes in treating various condition through pregnancy and pediatrics. His unique approach of combining three different pulse diagnosis and very rare.



**Takeshi Ide** – Ide sensei is a vice-chair of Shiga prefecture Acupuncture Association and specializes in very unique Ink Moxibustion and pediatric acupuncture. Ide sensei will teach non-invasive contact needling (Sesshioku Shin) techniques along with Shoni-shin treatment methods.

To begin the registration process, please visit the registration page on our website:

[www.acupuncturestudyabroadtour.com](http://www.acupuncturestudyabroadtour.com)

Or fill out the registration form included in this packet.

To make a payment, send money order or cashier's check made out to Atsuki Maeda and mail to:  
Maeda Acupuncture Group, 3248 Sepulveda Blvd., Torrance, CA 90505

To complete your registration, we will also need you to fill out the 'Study Abroad Agreement', sign it, and either mail it in with your Registration form, or if you are registering online, scan the Study Abroad Agreement and attach it to your form using the button provided.

You will also be able to attach a scan of your current Passport and proof of travel insurance to your online registration form if you have those ready. If not, you can email your passport scan and proof of travel insurance separately to [japanacupuncturetour@gmail.com](mailto:japanacupuncturetour@gmail.com). Or, of course, if you are registering by mail, you can also include with your Registration Form.

**NOTE:** Your registration will not be considered complete unless we have received your Study Abroad Agreement. Passport and travel insurance can come later.

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**THANK YOU** for your interest! We hope to see you in beautiful Kyoto, Japan!

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